# **CASTLEBAR PARISH NEWSLETTER**

Website: www.castlebarparish.ie

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**Sunday Mass Times** 

**<u>Parish Church:</u>** 6pm (Sat), 9am, 11am <u>Ballyheane Church:</u> 7.30pm (Sat.) <u>Breaffy Church:</u> 10am **Priests:** Fr. Conal Eustace PP, Fr. Shane Costello CC, Fr. Jose Raju CC. **Tel.** 094 9021844

**Diocesan Child Safeguarding:** More information available at www.tuamarchdiocese.org Anyone with issues or concerns around the safety of children should tel. 087 9315823 or 087 4070206.





Bernie Glynn, Blackfort Manor.

Louis McNulty, Limerick, brother of Peggy, Marian Row.

Seán Staunton, Aughadrina.



## Divine Mercy Sunday

Fear results from various causes. The perception of some immediate threat causes sudden fear as a sort of defence mechanism. This could save your life if, for example, the immediate threat is a car swerving into your lane. Sudden fear compels you to take action and avoid a collision. However, fear can also result from other more remote factors that we experience as threats to our well-being. For example, one may struggle with fear over an economic downturn or loss of profit in a business. The fear may be, 'How will I support my family?' Or one may have health issues and this causes increasing fear about the future. And the list could go on. Though some forms of fear are healthy most others are not. Specifically, when fear causes anxiety and worry, leading one to lose trust in God and His providence, this is a problem. But if God is alive in your heart, living and reigning there, His presence produces a supernatural confidence and trust in the midst of any and every struggle we face.

Reflect upon the specific fear you struggle with right now. What is it that causes excessive worry and anxiety? Whatever it may be, the Lord wants you to trust Him. Yes, a certain 'holy' fear can help us evaluate all situations properly and act diligently and responsibly, but too often what we actually struggle with is a lack of trust in God. Reflect upon your fear and your trust and invite Christ more deeply into your heart so that His presence will cast out all useless fear, enabling you to fully trust in His care, providence and Mercy.

(www.divinemercy.life 365 Days with Saint Faustina)

Holy Hour	- Every Sunday from 7pm to 8pm in the Parish Church.
Adoration of the Eucharist	- Every Friday from 11am in the Parish Church.
Lectio Divina	- Every Tuesday from 7pm to 8pm in the Monastery.

## Orthodox Liturgy

Saturday 13th April at 2.30pm in the Church of the Holy Rosary.

## **Divine Mercy Celebration**

This Sunday 7<sup>th</sup> April, 2.45pm – 5.30pm in Church of the Holy Rosary

Eucharistic Healing, Full Divine Mercy Devotions, Confessions, Rosary, Adoration, Music Ministry. Led by Deacon Con Diver, Donegal & UK. Contact Carmel: 087 387 9484.

Calling all Adorers of the Blessed Sacrament in the Tuam Diocese

National Eucharistic Adoration Pilgrimage to Knock on Saturday 13<sup>th</sup> and Sunday 14<sup>th</sup> April. Full details available at www.eucharisticadoration.ie

#### Latin Mass

Latin Mass at 6pm in the Blessed Sacrament Chapel, Knock Shrine, on Sunday April 14<sup>th</sup>.

#### VAKS Programme

Knock Youth Ministry are now accepting applications for VAKS (Volunteer at Knock Shrine). This programme offers an opportunity for young people in TY, 5<sup>th</sup> and 6<sup>th</sup> years to come to Knock and volunteer for a weekend in either July or August. More information on www.knockshrine.ie/vaks-volunteer-at-knock-shrine tel. 094 9375321 or email youthministry@knockshrine.ie

#### Save the Date!

The Youth 2000 Connaught retreat will take place in Calasanctius College, Oranmore, Co. Galway from May 10<sup>th</sup>-12<sup>th</sup>. For information, visit www.youth2000.ie or email connaught@youth2000.ie

#### Mayo Stoma Support Group Meeting

Thursday 11<sup>th</sup> April at 7pm in the Ellison Hotel. Tel. Christopher at 087 2300580 if attending.

## **Castlebar ICA Monthly Meeting**

Monday 8th April at 7.30pm in the Social Services Centre, Castle Street. New members welcome.

**Age Friendly Mayo and Mayo County Library - Lunchtime Talks in Castlebar Library** The next topic in the series, 'Educational Options/Retirees', will be facilitated by Máirtín Ó Móráin from Mayo, Sligo, Leitrim Education and Training Board, on Tuesday, April 9<sup>th</sup> from 1pm to 2pm. Admission is free and all are welcome.